GCC SEN Autumn Winter Menu 2024/2025 WEEK ONE 4 November 25 November 16 December 20 January 10 February 10 March 31 March **WEEK TWO** 11 November

2 December

6 January

27 January

24 February

17 March

7 April

# Option One

Option Two

Option Three

Vegetables

Dessert

Option One

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Dessert

#### MONDAY

**NEW** Tomato Pasta

Mexican Fajitas with Rice

Jacket Potato with Cheese

Baked Beans or Tuna

Mayonnaise

Vegetables of the Day

Melting Moment Biscuit

Cheese and Tomato Pizza

With New Potatoes

Jacket Potato with Cheese,

Baked Beans or Tuna

Mayonnaise

Vegetables of the Day

Macaroni Cheese

Vanilla Shortbread 🥎

**NEW** Caribbean

Stew with Rice

### TUESDAY



Potatoes or Mash & Gravv

Roast Chicken with Roast

Vegetable Roast with Roast Potatoes or Mash & Gravy

Jacket Potato with Cheese, Baked Beans or Tuna Mayonnaise

Vegetables of the Day

Roast Gammon with Roast Potatoes or Mash and Gravy

Vegan Sausage with Roast Potatoes or Mash & Gravy

Roast Turkey with Roast Potatoes or Mash and Gravy

Vegan Quorn with Roast Potatoes or Mash and Gravy

Baked Beans or Tuna Mavonnaise

Ice Cream

### THURSDAY

**NEW** Baked Bean Hot Pot

Jacket Potato with Cheese, Baked Beans or Tuna

Vegetables of the Day

Winter Cake with Custard

Chicken Tikka Masala with Rice

**NEW** Mild Mexican Chilli with Rice

Jacket Potato with Cheese, Baked Beans or Tuna Mavonnaise

Vegetables of the Day

Peach Upside Down Cake with Custard

Spaghetti Bolognaise with Garlic Dough Balls 🐴

Baked Beans or Tuna

Vanilla Cake with

Fish Fingers with Chips & Tomato Ketchup

FISH FRIDAY

Mexican Bean Roll with Chips & Tomato Ketchup

Jacket Potato with Cheese. Baked Beans or Tuna Mayonnaise

Peas and Baked Beans

Chocolate Orange Cookie

Fish Fingers with Chips & Tomato Ketchup

Cheese and Tomato Quiche with Chips & Tomato

Ketchup

Jacket Potato with Cheese, Baked Beans or Tuna Mayonnaise

Peas and Baked Beans

Breaded Fish with Chips & Tomato Ketchup

Vegetable Omelette with Chips & Tomato Ketchup

Jacket Potato with Cheese, Baked Beans or Tuna Mayonnaise

Peas and Baked Beans

Cinnamon Swirl with Apple Slices

Added Plant Power



Vegan

Available Daily: Fresh Bread - Salad Selection - Fresh Fruit and

## WEEK THREE

18 November 9 December 13 January 3 February 3 March

24 March

MENU KEY

Option One

Option Two

Option Three

Vegetables

Dessert

Vegan Plant Balls in Tomato Sauce with Rice

Jacket Potato with Cheese Baked Beans or Tuna

Mayonnaise

Vegetables of the Day

Chocolate Brownie

Gravy

Sausage with Mash and

**NEW** Creamy Curry with Rice

Jacket Potato with Cheese Baked Beans or Salmon Mayonnaise

Vegetables of the Day

Blackberry and Apple Crumble with Custard Meatballs in Tomato

Sauce with Rice

**NEW** Cheesy Pasta with Garlic Bread

Jacket Potato with Cheese, Baked Beans or Tuna Mayonnaise

Vegetables of the Day

Marble Cake with Chocolate Sauce

Chicken Pie with Gravy

Cheese and Tomato Pizza With Potato Wedges

Jacket Potato with Cheese Baked Beans or Tuna Mayonnaise

Vegetables of the Day

Sticky Toffee Apple Crumble with Custard

Beef Pasta Bake

Mayonnaise

Jelly and Peaches 🚕

Jacket Potato with Cheese, Baked Beans or Tuna Mayonnaise

Vegetables of the Day

Fruit Medley A

Jacket Potato with Cheese

Vegetables of the Day

Chinese Vegetable Curry with Rice \_\_\_

Jacket Potato with Cheese, Mayonnaise

Vegetables of the Day

Chocolate Sauce

#### ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food aflergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

